

KRIS JARRIN GAIN

FAVORITES

DRINKS

- Water: regular bottled, any sparkling (LaCroix, Topo Chico, Liquid Death)
- Energy: Celsius
- Sodas: Coke Zero, Dr Pepper Zero
- Coffee: Iced Sugar Free Vanilla Coffee

SNACKS

- Anything high protein
- Jerky
- Pistachios
- Reese's / Snickers
- Pretzel M&M's
- Fruit
- Peanut Butter Pretzels
- Quest / Wilde Chips

APPAREL

SHIRT SIZE: XL

SHOE SIZE: 11.5